

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism
HEAL 325 Health Aspects: Human Sexuality
Section 5P4
Fall 2010

Day/Time: Thursday 4:30 – 7:10pm
Location: FX-ENGR 1103
Instructor: Kyle Lafferty MST, MPH, CHES
Email: klaffert@gmu.edu
Phone: 215-704-7837

Office Hours: Available by Appointment

Prerequisites: None

Course Description: Covers biological, behavioral, and sociocultural factors in human sexual behavior.

Course Objectives: Upon completion of this course, students will be able to:

- Develop a solid basic understanding of biological, social, and psychological components of their human sexuality
- Form and express educated attitudes and viewpoints on several aspects of human sexuality through interpretation of readings
- Form and express rational and responsible decisions concerning their human sexuality and development
- Write and discuss the value of human sexuality education with professional teachers as well as the community

Course Overview/ Class Policies:

- Class attendance is required. Please arrive to class on time. If a student is unable to attend class please notify the instructor prior to absence via email
- Class participation is a portion of your grade; students are expected to come to class prepared to participate in class discussion on assigned readings
- Please turn all cellular devices off or mute them during class
- Please be respectful of differing opinions, values and beliefs that will be discussed throughout this semester
- Late assignments will not be accepted without prior written approval, and will be subject to grading penalty
- All students are held to the standards of the George Mason University Honor Code [See <http://www.gmu.edu/catalog/apolicies/#Anchor12>]
- Students with disabilities who seek accommodations in a course must be registered with the Disability Resource Center (DRC) and inform the instructor, in writing, at the beginning of the semester [See www.gmu.edu/student/drc]

Required Readings:

- Crooks, Robert / Baur, Karla, *Our Sexuality*, 11th Edition, Belmont, California: Wadsworth, Cengage Learning c. 2008
- *Hatred in the Hallways*, Human Rights Watch 2001, (download PDF at <http://www.hrw.org/en/reports/2001/05/01/hatred-hallways>)
- Any additional readings will be provided in class and/or on Blackboard

Evaluation:

This course will be graded on a point system, with a total of 100 points. Class participation will be worth 15 pts. (Quizzes given during class will also count toward these points)

Written Assignments:

- *Sexual Messages on TV Response Paper (3-5 pgs) – 15pts.*
- *Hatred in the Hallways Response Paper (5-8 pgs) – 25pts.*

- *Technology Resource bibliography (2-3 pgs) – 15pts.*
- *Final Assignment (Choice of one): Classroom - Based Lesson Plans (5) / Non-School Setting Program Plan / (2 day) Professional Development Training (8-12 pgs) – 30pts.*

Grading Scale:

A = 94-100	B+ = 88-89	C+ = 78-79	D = 60-69
A- = 90-93	B = 84-87	C = 74-77	F = 0-59
	B- = 80-83	C- = 70-73	

Tentative Course Schedule:

September 2nd – Intro to Class/ Review Syllabus/ Expectations / Ground Rules / Sexually Healthy Adult

September 9th – Chapter 1 – Circles of Sexuality / What are the key messages?

- *Assignment due - Sexual Messages on TV (3-5 pgs)*

September 16th – Chapter 3, 4 & 6: Anatomy & Sexual Response / Behind the Fig Leaf / Class sculpture

- <http://www.plannedparenthood.org/teen-talk/watch/am-normal-behind-fig-leaf-26794.htm>

September 23rd - Chapter 12 & 13: Sexuality throughout the lifespan

September 30th - Chapter 9: Sexual Orientation, Sexual Identity, Sexual Behavior

October 7th – Chapter 5 & Hatred in the Hallways, *Human Rights Watch: LGBTQIA* / Gender Identity: words are powerful

- <http://www.hrw.org/en/reports/2001/05/01/hatred-hallways>
- *Response Papers Due (5-8 pgs)*

October 14th –Chapter 10: Contraception 101 / Fun with Condoms

October 21th – Chapter 7 & 8: Let's talk about Sex... Communication

October 28th – Chapter 15: STD's, STI's what's the diff? Risk Spectrum

November 4th – Chapter 11: Conceiving Children: Options and Choice

November 11th – Chapter 14: Medicalization of Sexuality... from Viagra to Vaginoplasty

November 18th - *Sex: Tech* the intersection of Sexuality Education and Technology

- *Assignment Due – Technology Resource bibliography (2-3 pgs)*

November 25th - Thanksgiving Recess (No Class)

December 2nd – What do the data say? YRBS, GLSEN School Climate Survey

December 9th – Wrap up: TBD

- *Final Assignment Due: Lesson Plans (5) / Program Plan / Professional Development Training (8-12 pgs)*



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- ❖ University policy states that all sound emitting devices shall be turned off during class unless otherwise authorized by the professor
- ❖ Students with disabilities who seek accommodations in a course must be registered with the Office of Disability Services (ODS) and inform the instructor, in writing, at the beginning of the semester [See ods.gmu.edu]
- ❖ For additional School of Recreation, Health, and Tourism information, please visit the website at <http://rht.gmu.edu>