

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

HEAL 325 - Health Aspects: Human Sexuality
Section 5P3
Fall 2011

DAY/TIME: Wednesday 4:30 – 7:10pm LOCATION: Science Technology I 126

INSTRUCTOR: Kyle Lafferty MST, MPH, CHES EMAIL ADDRESS: klaffert@gmu.edu

OFFICE HOURS: By Appointment PHONE NUMBER: 215-704-7837

Prerequisites: None

Course Description: Covers biological, behavioral, and sociocultural factors in human sexual behavior.

Course Objectives: Upon completion of this course, students will be able to:

- Develop a solid basic understanding of biological, social, and psychological components of their human sexuality
- Form and express educated attitudes and viewpoints on several aspects of human sexuality through interpretation of readings
- Form and express rational and responsible decisions concerning their human sexuality and development
- Write and discuss the value of human sexuality education with professional teachers as well as the community

Course Overview/ Class Policies:

- Class attendance is required. Please arrive to class on time. If a student is unable to attend class please notify the instructor prior to absence via email
- Class participation is a portion of your grade; students are expected to come to class prepared to participate in class discussion on assigned readings
- Please turn all cellular devices off or mute them during class
- Please be respectful of differing opinions, values and beliefs that will be discussed throughout this semester
- Late assignments will not be accepted without prior written approval, and will be subject to grading penalty

Required Readings:

- Crooks, Robert / Baur, Karla, Our Sexuality, 11th Edition, Belmont, California: Wadsworth, Cengage Learning c. 2008
- Hatred in the Hallways, Human Rights Watch 2001, (download PDF at <http://www.hrw.org/en/reports/2001/05/01/hatred-hallways>) OR
- Gold, Mitchell & Drucker, Mindy, (Eds.). (2008). Crisis: 40 Stories Revealing the Personal, Social, and Religious Pain and Trauma of Growing Up Gay in America. Austin, TX: Greenleaf Book Group Press.
- Any additional readings will be provided in class and/or on Blackboard

Evaluation:

This course will be graded on a point system, with a total of 100 points. Class participation will be worth 15 pts.

Written Assignments:

- *Sexual Messages Response Paper (1-2 pgs) – 15pts.*
- *Field Trip Response (1pg) – 10pts*
- *Hatred in the Hallways Response Paper (4-5 pgs) – 25pts.*
- *Technology Resource bibliography (1 pg template) – 5pts. (Due by Nov. 9th)*
- *Final Assignment: Lesson Plans (4) / Mini-Program Plan / (2 day) Professional Development Training (8-10 pgs) – 30pts.*

Grading Scale:

A = 94-100

A- = 90-93

B+ = 88-89

B = 84-87

B- = 80-83

C+ = 78-79

C = 74-77

C- = 70-73

D = 60-69

F = 0-59

Tentative Course Schedule:

Class #1 – August 31st

- Intro to Class /Review Syllabus/ Expectations / Ground Rules / What is a Sexually Healthy Adult?
- *Explanation of Sexual messages assignment & Field Trip Assignment*

Class #2 – September 7th

- Chapter 1 – Circles of Sexuality / What are the key messages?
- *Assignment due - Sexual Messages (1-2 pgs)*
- *Discussion of Technology Assignment*

Class #3 – September 14th

- Chapter 3, 4 & 6: Anatomy & Sexual Response
- <http://www.plannedparenthood.org/teen-talk/watch/am-normal-behind-fig-leaf-26794.htm>

*Class #4 – September 21st - Class Cancelled (*Field Trip Assignment Due*)

Class #5 – September 28th

- Chapter 12 & 13: Sexuality throughout the lifespan

Class # 6 – October 5th

- Chapter 10: Contraception / Fun with Condoms

*Class #7 – October 12th

- Guest Speaker – National Campaign to Prevent Teen and Unplanned Pregnancy

Class #8 – October 19th

- Chapter 9: Sexual Orientation, Sexual Identity, and Sexual Behavior
- *Response Papers Due (4-5 pgs)*

Class #9 – October 26th

- Chapter 5 & Hatred in the Hallways, *Human Rights Watch: LGBTQIA*
- <http://www.hrw.org/en/reports/2001/05/01/hatred-hallways>
- *Discussion of Final Assignment (go over templates)*

Class #10 – November 2nd

- Chapter 7 & 8: Let's talk about Sex... Communication

Class #11 – November 9th

- Chapter 15: STD's, STI's what's the diff? Risk Spectrum
- *Technology assignment due*

Class #12 – November 16th

- Chapter 11 Conceiving Children: Options, Choices, Definitions

* Class – November 23rd Class Cancelled for Thanksgiving Break

Class #13 – November 30th

- Chapter 14: Medicalization of Sexuality... from Viagra to Vaginoplasty.

Class #14 – December 7th

- Answering difficult Questions
- Evaluations
- *Final Assignment Due: Lesson Plans (4) / Program Plan / Professional Development Training (8-10 pgs)*

Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://academicintegrity.gmu.edu/honorcode/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
- Students are expected to exhibit professional behaviors and dispositions at all times.

Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu>].

