## GEORGE MASON UNIVERSITY College of Education and Human Development School of Recreation, Health, and Tourism

RECR 137 001 – Trap and Skeet Shooting: Introduction (2) Fall 2016 T 9:30-12:00 8/29-11/13 Location: Isaac Walton Range IWLA

Faculty:

Name: Benn Crandall

Office Hours: By appointment Office Location: IWLA

Email:

Prerequisites: NONE, must be 18 on

or before the first day of class

#### **Course Description**

Designed to educate the student on gun and range safety. Includes hands-on learning of the games trap and skeet, where competitors fire at clay targets (approximately 4 1/4 inches in diameter and 1 1/2 inches in height) launched from a trap at varying angles.

## Course Delivery Method lab/lecture

### **Learner Objectives**

At the completion of this course students should be able to:

- 1. Explain and demonstrate the stages of loading a shotgun from unloaded to load prior to discharging it at a target
- 2. State the basic rules of general range safety as it relates to trap and skeet ranges
- 3. Develop skills to be able to hit at least 70% of the targets upon command when launched from varying angels

### **Required Text None**

### **Recommended Reading:**

Sapp, R. (2009). The gun digest book of Trap & Skeet shooting (5<sup>th</sup> ed.). Iola, WI: Gun Digest Books.

### **Course Evaluation**

Class participation – 85% Class participation and attendance is required for this class	
Participation in each game so that the instructor can evaluate how the student handles the gun	85
Final exam – 15%	
Final exam will cover gun safety, club rules and general questions and will be multiple choice	15
TOTAL	100

#### **Grading Scale**

A = 94 - 100	B+ = 88 - 89	C+ = 78 - 79	D = 60 - 69
A = 90 - 93	B = 84 - 87	C = 74 - 77	F = 0 - 59
	B- = 80 - 83	C - = 70 - 73	

#### Requirements

- 1. Course fee include ammunition, targets, ear protection and gun rental
- 2. Eye protection is required to participate. Students can wear sunglasses or there are few glasses that can be borrowed from the club for free.
- 3. Forms each student will be required to sign a liability release for both the club and the instructor. Failure to sign a form will result in the student not being able to participate.
- 4. Wear clothing that will not interfere with the shotgun.
- 5. Only closed toed shoes may be worn on the range. No sandals.
- 6. Make sure your hair is pulled back and not in your face so as not to interfere with your vision.

The course fee breakdown is as follows:

a.	Ammunition	\$193.00
b.	Targets	\$80.00
c.	Ear Protection	FREE
d.	Gun Rental	\$87.00
	Total	\$360.0

**Professional Dispositions** Students are expected to exhibit professional behaviors and dispositions at all times.

#### **Core Values Commitment**

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: http://cehd.gmu.edu/values/.

#### **GMU Policies and Resources for Students**

Policies

- Students must adhere to the guidelines of the University Honor Code (see http://oai.gmu.edu/the-mason-honor-code/).
- Students must follow the university policy for Responsible Use of Computing (see http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see http://ods.gmu.edu/).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor. *Campus Resources*
- Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or https://cehd.gmu.edu/api/tk20. Questions or concerns regarding use of Blackboard should be directed to http://coursessupport.gmu.edu/.
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing (see http://writingcenter.gmu.edu/).
- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance (see http://caps.gmu.edu/).
- The George Mason University Office of Student Support staff helps students negotiate life situations by connecting them with appropriate campus and off-campus resources. Students in need of these services may contact the office by phone (703-993-5376). Concerned students, faculty and staff may also make a referral to express concern for the safety or well-being of a Mason student or the community by going to

http://studentsupport.gmu.edu/, and the OSS staff will follow up with the student. For additional information on the College of Education and Human Development, please visit our website https://cehd.gmu.edu/.

# **Tentative Course Schedule**

DATE TOPIC		TOPIC	
М		Introduction and gun safety	
М		No class	
М		Trap Shooting	
М		Skeet Shooting	
М		Skeet Shooting	
М		Skeet Shooting	

	DATE	TOPIC	
M		Skeet Shooting	
M		Skeet/Final	

Note: Faculty reserves the right to alter the schedule as necessary with notification to students.

