

**GEORGE MASON UNIVERSITY College of Education and Human Development
School of Recreation, Health, & Tourism**

**RECR 155 001 –Tennis: Introduction (1)
Fall 2016 MW 12:00-1:15pm 8/29-10/16
Location: Tennis Courts on W Campus**

Faculty

Name: Dr Fred Schack

Office Hours: 1:30-2:30 TR and By Appointment

Office Location: RAC 2108

Email: fschack@gmu.edu

Phone: 703-993-8522

Prerequisites *None*

Course Description

Teaches tennis terms, rules, scoring, techniques for the forehand and backhand ground strokes, volley, overhead, and serve, as well as basic strategy for singles and doubles.

Course Delivery Method Lab

Learner Objectives

At the conclusion of the course students will be able to:

1. Explain and demonstrate appropriate tennis strokes.
2. Explain the scoring system basic rules.
3. Play singles and doubles.
4. Demonstrate proper tennis etiquette.

Required Text None

Online Material will be used in place of a text:

SELECTING A RACKET – (<http://www.tennisexpress.com/info/choosing-a-tennis-racquet.cfm>)

SELECTING A BALL – (http://www.epinions.com/content_1692901508?sb=1)

Course Evaluation

Final: Written (14%) – on tennis terms, rules, and scoring (Multiple-choice questions). Will occur on last day of class.

Practical (60%) – play in round robin tournament. Instructor to observe and evaluate forehand, backhand, and serve during tournament.

Participation (25%) – this includes arriving on time, absences, and daily play. Attendance will count after the first week of class. You receive 10 points each day for being on time and court play.

Each 5” of late time will reduce the score by 1 point. If you know you will have difficulty getting to class on time, make sure to CONTACT INSTRUCTOR as soon as possible.

Contract (1%) – last page in the syllabus

Grading Scale

A	= 90 – 100	B+	= 88 – 89.9	B	= 84 – 87.9	B-	= 80 – 83.9
C+	= 78 – 79.9	C	= 74 – 77.9	C-	= 70 – 73.9	D	= 60 – 69.9
						F	= 0 – 59.9

Class Information

1. Students with injuries or pre-existing conditions that may affect performance must inform the instructor.
2. Most communication will be through GMU e-mail.
3. Copy directions to tennis courts from starting at University Drive and Route 123.
4. Copy directions to tennis courts via GMU Shuttle Service:

Bus may be picked up on Main Campus and will end at the Tennis Courts on West Campus Park.

Requirements

1. Students must bring their own tennis racquet.
2. Tennis shoes recommended (running shoes should not be used during play).
3. Purchase a NEW can of tennis balls (\$2-\$3 at local retailer).
4. Play in round robin tournament at the end of the semester.

Professional Dispositions Students are expected to exhibit professional behaviors and dispositions at all times.

Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the University Honor Code (see <http://oai.gmu.edu/the-mason-honor-code/>).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ods.gmu.edu/>).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor. *Campus Resources*
- Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or <https://cehd.gmu.edu/api/tk20>. Questions or concerns regarding use of Blackboard should be directed to <http://course-support.gmu.edu/>.
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing (see <http://writingcenter.gmu.edu/>).
- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional

counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students’ personal experience and academic performance (see <http://caps.gmu.edu/>).

- The George Mason University Office of Student Support staff helps students negotiate life situations by connecting them with appropriate campus and off-campus resources. Students in need of these services may contact the office by phone (703-993-5376). Concerned students, faculty and staff may also make a referral to express concern for the safety or well-being of a Mason student or the community by going to <http://studentsupport.gmu.edu/>, and the OSS staff will follow up with the student.

For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/>.

TENTATIVE COURSE SCHEDULE

DAY	TOPIC	READINGS / ASSIGNMENT DUE
1	1st Mtg at NEW Tennis Court; Introduction to tennis, terms and strokes; intro to FH; drills v. fence	See directions to tennis courts in syllabus, Class Information, #3
2	Continue FH; drills v. fence and across net to baseline –	Contract Due (1%) – At end of syllabus
	Labor Day	
3	Intro BH; drills v. fence	
4	Continue BH; drills v. fence and across net to baseline –	
5	Intro Volley; drills at net	
6	Intro Serve; drills v. net	
7	Continue serve; drills v. net; across net	
8	Intro Scoring; drills in pairs across net using FH & BH	
9	Intro Singles & Doubles Play	
10	Doubles Tournament and evaluation of FH, BH, & S	
11	Continue doubles play w/ games; evaluation of FH, BH, & S	
12	Continue doubles play w/ games; evaluation of FH, BH, & S	
13	Continue doubles play w/ games; evaluation of FH, BH, & S	
14	Final Exam inside RAC Cage Gym Bleachers	

