

George Mason University
College of Education and Human Development
Physical Activity for Lifetime Wellness

RECR 124 (001) - Horsemanship: Introduction (1)
1 Credit, Spring 2018
T 11:45 am – 1: 15pm / 24556 James Monroe Hwy. Aldie, VA 20105

Faculty

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Prerequisites/Corequisites

None

University Catalog Course Description

Introduces the basics of horseback riding and horsemanship. Emphasis will be on learning how to care for a horse, tack a horse, and basic riding skills such as walking, trotting, and jumping small obstacles

Course Overview

This class requires long pants and a shoe with a 1 inch heel. ASTM/SEI Helmets are also required to be worn and will be available from the barn. Attendance grade is based on both participation and a willingness to help others.

Course Delivery Method

This course will be delivered using a face-to-face format.

Learner Outcomes or Objectives

This course is designed to enable students to do the following:

1. Demonstrate proper care of the horse
2. Demonstrate proper tacking, grooming and safety around horses
3. Present an understanding of the horse's conformation and parts as it pertains to the tack and horse care

4. Demonstrate control of the horse both in the walk and trot
5. Conduct appropriate behavior around horses to ensure all students safety
6. Identify basic parts of the tack as well as basic care of the tack
7. Demonstrate how to mount, dismount and adjust stirrups before riding
8. Demonstrate a 2-point position at halt, walk and trot
9. State basic safety riding principles and ride safely in a group situation
10. Classify the horses' gaits by rhythm and beats

Professional Standards N/A

Upon completion of this course, students will have met the following professional standards:

N/A

Required Texts

Horsemanship 124 Manual

https://docs.google.com/document/d/1hpnkQedguY8WhC2vomMa_2MXYCxRwJRgCWGRITbV0/edit

Equine Mechanics

<https://drive.google.com/file/d/0BzsW9DU2RVFAB1ZXWXA3MHA2NzRFZTRRN2txbGMyZmx2eXdV/view?ths=true>

Oakleaf Farm Liability Document

https://docs.google.com/document/d/1gdxwAnw7fm85mslGBBGW_kIRALiFNSHU7oxqLzHVHFs/edit

Emergency Contact

<https://drive.google.com/file/d/0BzsW9DU2RVFATXc4cHVReldIQkNPdFBxTzInbVZyTlhzNGpz/view?ths=true>

General Release

<https://docs.google.com/document/d/1IAkuMoPk4EsSRoMtZG1vQQgh4NLzAjW3i6MVztjMH7M/edit>

Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, Tk20, hard copy).

• Assignments and Examinations

- First writing assignment- topic discussed during class
- Midterm Exam- Short answer 20 question exam
- Second writing assignment- topic discussed during class
- Riding Final- A demonstration of riding skill & 10 short answer/written exam

• Other Requirements

Student must attend class in order to participate in class discussion. Contribution will be evaluated based on involvement of the lectures and riding. Absences are excused with a doctor's note or preapproved by the instructor. Doctor's note must be presented immediately upon return to class or scanned and emailed to the instructor. Phone calls, texts, and emails do not excuse an absence.

- **Course Performance Evaluation Weighting**

First Writing Assignment – 10 points
 Midterm – 20 points
 Second Writing Assignment – 10 points
 Riding Final – 30 points
 Participation – 30 points
 Total: 100 points

- **Grading Policies**

A = 94 – 100 B+ = 88 – 89 C+ = 78 – 79 D = 60 – 69
 A- = 90 – 93 B = 84 – 87 C = 74 – 77 F = 0 – 59
 B- = 80 – 83 C- = 70 – 73

Professional Dispositions

See <https://cehd.gmu.edu/students/policies-procedures/>

Course Schedule

DATE		TOPIC	READINGS/ASSIGNMENT DUE
T	1/23	Welcome! Introduction to grooming and tacking	None
T	1/30	Review of tacking and grooming Introduction to mounting, dismounting and steering the horse Lecture to include colors, markings and confirmation	
T	2/06	Review of mounting, dismounting and steering Lectures to include natural and artificial aids, tacking cleaning and horse care	Sheets 1 and 2 are DUE

T	2/13	Mid Term	Sheet 3 is DUE Written and Riding exam given
T	2/20	Review to aids and control of the horse at the walk and trot Lecture to include food and health of the horse	Sheet 4 is DUE
T	2/27	FINAL	Final written exam given

T	3/6		FINAL	Final riding exam given
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Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see <https://catalog.gmu.edu/policies/honor-code-system/>)
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ods.gmu.edu/>).

- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or <https://cehd.gmu.edu/aero/tk20>. Questions or concerns regarding use of Blackboard should be directed to <http://coursessupport.gmu.edu/>.
- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/students/>.