George Mason University College of Education and Human Development Physical Activity for Lifetime Wellness

RECR 144 (001) – Soccer: Intermediate (1) 1Credit, Fall 2018 T/R 10:30-11:45/Field 3 (West Campus)-Fairfax

Faculty

Name: Mr. Craig Scott

Office hours: As needed before and after class.

Office location: Before and after class

Office phone: TBD

Email address: cscottp@gmu.edu

Prerequisites/Corequisites

RECR 143 or Permission of Instructor

University Catalog Course Description

Prepares the experienced soccer player in the aspects of the competitive game. Applies skills-training to competitive and recreational play. Covers strategies of offense and defense and variation of different systems of play.

Course Overview

Students will describe and show successful use of the various soccer techniques as well as understanding of different positions on the soccer field and the application of different strategies. An initial evaluation of basic soccer technique/skills will be given the first day of class to determine the level of play of the students.

Participation is extremely important to the completion of in-class activity. All students will be expected to attend all class sessions, actively participate on the field and in class discussions and complete any written assignments.

Course Delivery Method

This course is an activity based class.

Learner Outcomes or Objectives

This course is designed to enable students to do the following:

- a. Explain one defense strategy.
- b. Explain one offensive strategy.
- c. Recognize and explain the strategies of the different positions of a soccer team on the playing field.
- d. Recognize and define systems of play of any given team.

Professional Standards

N/A

Required Texts

Handouts will give to students as necessary or put on Blackboard.

Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, hard copy).

Assignments and Examinations

- Skills assessment and understanding of playing systems This will be done while students play on the field.
- o Project Each student will be given a topic to present to the entire class.
- Written exam The exam will focus on offensive and defensive strategies, position of
 players in specific strategies, and pros and cons of the different system of plays. (Short
 answer questions).

• Other Requirements

10 points will be given each day with a deduction of 1 point for each five- minutes that a student is late. Students must attend the entire class period and participate in the daily activities to receive full credit for the class. The first day of class will not count in the evaluation. The total possible points can be 130 to 140. Your attendance/participation score will be the number of points you gained each day divided by the total points possible and then multiplied by 60%. If you attend, are on time, and participate each day on the activities, you will receive the full 10 points for that day. Unexcused absences and late arrivals could significantly affect the grade. Absences are excused by a doctor's note only. Doctor's notes must be presented to the instructor immediately upon return to class. Phone calls, emails, or texts do not excuse an absence.

• Grading Policies

Attendance/Participation – 60% Skills Assessment and Understanding of Playing Systems – 20% Project – 5% Written Exam – 15%

Grading scale (%)

A = 94 - 100	B+ = 88-89	C+ = 78 - 79	D = 60 - 69
A = 90 - 93	B = 84 - 87	C = 74 - 77	F = 0-59
	B- $= 80 - 83$	C - = 70 - 73	

Professional Dispositions

See https://cehd.gmu.edu/students/polices-procedures/

Class Schedule

DAY	TOPIC	
1	Introduction, syllabus, and student/player evaluation.	
2	Passing and receiving techniques. Introduction of field	
	positioning.	
3	Introduction to defensive techniques.	
4	Defensive positioning/shape and types of defensive strategies.	
5	Maintain possession of the ball.	
6	Building up the game from the defense.	
7	Playing the ball to the flank and use of outside	
	midfielders/defenders.	
8	Offensive positioning/shape and types of offensive systems.	
9	Finishing/shooting and offensive runs.	
10	Full field game applying different playing systems. Topic	
	designation for students' presentations.	
11	Students' Presentations	
12	Students' Presentations	
13	Course Review, Course evaluation	
14	Written Final Exam	

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: http://cehd.gmu.edu/values/.

GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see https://catalog.gmu.edu/policies/honor-code-system/).
- Students must follow the university policy for Responsible Use of Computing (see http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see http://ods.gmu.edu/).
- Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to Tk20 should be directed to <u>tk20help@gmu.edu</u> or <u>https://cehd.gmu.edu/aero/tk20</u>. Questions or concerns regarding use of Blackboard should be directed to <u>http://coursessupport.gmu.edu/</u>.
- For information on student support resources on campus, see https://ctfe.gmu.edu/teaching/student-support-resources-on-campus

For additional information on the College of Education and Human Development, please visit our website https://cehd.gmu.edu/students/.