

**George Mason University**  
**College of Education and Human Development**  
**Counseling and Development**

EDCD 525.B01 – Advanced Human Growth and Development  
3 Credits, Summer 2018  
Tuesdays and Thursdays 7:20 – 10:00 PM Krug Hall Room 107 – Fairfax

**Faculty**

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**Prerequisites/Corequisites**

None

**University Catalog Course Description**

Covers human development throughout the life span, including emotional, physical, and cognitive development; and emphasizes personal adjustment and achievement.

**Course Overview**

This course will cover human development throughout the life span, including emotional, physical, cognitive, and social development with an emphasis on the influences of cultural phenomena on behavior. Note: There are no prerequisites for this course and you may register for this class as a non-degree student. However, this is Advanced Human Growth and Development and students need to have a strong working knowledge of the basic theories of human growth and development and related issues. The course involves a critique of different theories of human development, culture, lifespan processes, and the relationship and among these. The journey will generally follow a sequential approach, looking at key processes and topics in each of life's stages.

**Course Delivery Method**

This course will incorporate lectures, full class and small group discussions, cooperative learning groups, student presentations, personal reflection, and hands-on learning activities.

**Learner Outcomes or Objectives**

This course is designed to enable students to do the following:

1. Understand and appreciate the complexities of culture and its influence on human growth and development.
2. Enhance understanding of the influence of culture on personal development.
3. Examine research methodologies used to study human development and assess their validity and reliability. Understand the advantages and limitations of these methodologies for cross cultural studies.
4. Critique and examine the major theories of human growth and development and their applicability across different cultures.
5. Develop an understanding of human development and cultural influences that will be applicable to the field of teaching, counseling, parenting, etc. Provide a basic framework for

understanding the effects of culture on human growth and development throughout the lifespan. Develop an ability to ask meaningful questions about cross cultural development for future research.

**Professional Standards (CACREP)**

Upon completion of this course, students will have met the following professional standards: Advanced Human Growth and Development is a critical course and relevant to all counseling courses. This class is a core course in the Counseling and Development Program and addresses the program goals and mission and provides a foundation in understanding individuals, families, communities and society and its relation to counseling. The course provides a basis for all other courses in the program and facilitates an understanding of human growth and development from cross cultural and multicultural perspectives, a critical component of all areas of counseling.

**EDCD 525 fulfills the requirements of the following professional organizations:**

Virginia Department of Education, Virginia Department of Health Professions, Council for the Accreditation of Counseling and Related Educational Programs (CACREP), and American Counseling Association (ACA) Code of Ethics.

**Required Texts**

Erford, Bradley (2015). An Advanced Lifespan Odyssey for Counseling Professionals (1<sup>st</sup> Ed.). Pearson.

Occasional handouts (related professional articles, etc.)

<b>Erford, An Advanced Lifespan Odyssey for Counseling Professionals</b>	<b>CACREP Standards</b>
<b>Chapter 1 – Important Fundamental Principles in Lifespan Development</b>	
Important Fundamental Principles in Lifespan Development	3a. theories of individual and family development across the lifespan
Stages of Life	3a. theories of individual and family development across the lifespan
The Nature of Development	3a. theories of individual and family development across the lifespan
Important Human Development Principles and Issues	3a. theories of individual and family development across the lifespan
Types of Theory Structures Common in Human Development	3a. theories of individual and family development across the lifespan
Counseling Perspectives: Normal versus Abnormal Development	3c. theories of normal and abnormal personality development
Studying Human Development	3a. theories of individual and family development across the lifespan
The Ethics of Human Development Research	3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan
Summary	3a. theories of individual and family development across the lifespan
<b>Chapter 2 – Theories of Human Development: Psychosocial, Sociocultural, Multicultural, Biological, and Learning Theories</b>	

Historical Perspectives	3a. theories of individual and family development across the lifespan
Psychosocial Theories	3a. theories of individual and family development across the lifespan
Sociocultural Theories	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Multicultural Theories of Development	3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan
Biological Theories of Human Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Learning Theories	3a. theories of individual and family development across the lifespan
Summary	3a. theories of individual and family development across the lifespan
<b>Chapter 3 – Theories of Human Development: Cognitions, Morality, and Faith, and the Human Experience</b>	
Theories of Cognitive and Intellectual Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Cognitive Behavioral Theories	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Moral Development	3a. theories of individual and family development across the lifespan
Humanistic Theories of Development	3a. theories of individual and family development across the lifespan
Character Strengths and Positive Psychology	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development
Faith Development	3a. theories of individual and family development across the lifespan
Adult Development Theories	3a. theories of individual and family development across the lifespan
Developmental Theories (Perspectives) of Womanhood	3a. theories of individual and family development across the lifespan
Summary	3a. theories of individual and family development across the lifespan
<b>Chapter 4 – Genetics, Heredity, Environment, and Prenatal Development</b>	
Genetics and Heredity	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior

Prenatal Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Summary	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
<b>Chapter 5 – Physical and Cognitive Development in the Infancy and Toddlerhood Years</b>	
Physical Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Body Size, Proportion, and Skeletal Age	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Fat Composition, Muscle Growth, and Teeth	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Reflexes	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Nutrition and Malnutrition	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Health Concerns and Vaccinations	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Motor Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Sleep Cycle	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Perception	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Toilet Training and Elimination Communication	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Cognitive Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Structure of the Nervous System	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Sensorimotor Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior

Information Processing	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Language Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Summary	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
<b>Chapter 6 – Emotional and Social Development in the Infancy and Toddlerhood Years</b>	
Emotional Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
The Function of Emotions	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
The Sequence of Emotional Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Cultural Variations	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Theoretical Perspectives	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Attachment	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Temperament Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior

	3f. systemic and environmental factors that affect human development, functioning and behavior
Social Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Developing the “Self System”	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Effortful Control and Self-Regulation/Self-Control	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Social Referencing	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Socialization	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
The Newborn in the Family Lifecycle	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
Summary	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
<b>Chapter 7 – The Preschool Years: Early Childhood Physical and Cognitive Development</b>	
Physical Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Individual Differences	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Brain Growth	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior

Motor Skills	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Health	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Visual and Hearing Impairments	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Sleep Habits	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Cognitive Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Piaget's Preoperational Stage	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Concepts	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Vygotsky's Sociocultural Theory	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Information Processing	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Language Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Education	3f. systemic and environmental factors that affect human development, functioning and behavior
Summary	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior 3f. systemic and environmental factors that affect human development, functioning and behavior
<b>Chapter 8 – The Preschool Years: Early Childhood Emotional and Social Development</b>	
Emotional Development	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning and behavior

Erik Erikson's Psychosocial Theory	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning and behavior
Adler's Individual Psychology	3a. theories of individual and family development across the lifespan
Family Systems Theory	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning and behavior
Emotional Competence	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning and behavior
Mental Disorders in Early Childhood	3c. theories of normal and abnormal personality development
Child Maltreatment	3g. effects of crisis, disasters, and trauma on diverse individuals across the lifespan
Social Development	3f. systemic and environmental factors that affect human development, functioning and behavior
Sex Role and Gender Role Development	3f. systemic and environmental factors that affect human development, functioning and behavior
Diversity	3f. systemic and environmental factors that affect human development, functioning and behavior 3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan
School/Day Care Influences on Socialization	3f. systemic and environmental factors that affect human development, functioning and behavior
Parenting Styles	3f. systemic and environmental factors that affect human development, functioning and behavior
Play	3f. systemic and environmental factors that affect human development, functioning and behavior
Childhood Friendships	3f. systemic and environmental factors that affect human development, functioning and behavior
Play Therapy	3f. systemic and environmental factors that affect human development, functioning and behavior
Summary	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning and behavior
<b>Chapter 9 – Middle Childhood: Physical and Cognitive Development</b>	
Physical Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Growth and Physical Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior



Motor Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Physical Activity, Play, and Sports	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Diet, Nutrition, and Weight	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Accidents and Illness	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Cognitive Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Piaget's Concrete Operations	3a. theories of individual and family development across the lifespan
Information Processing	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Language Development	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Intelligence	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Exceptionalities	3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Summary	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
<b>Chapter 10 – Middle Childhood: Emotional and Social Development</b>	
Emotional Development	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development
Freud and Erikson	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development
Developing Self	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development

Emotions	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development
Emotional Problems in Middle Childhood	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development
Social Development	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Moral Development	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Social Awareness	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Peer Relationships	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Pro-Social and Antisocial Behavior	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Social Influences	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Summary	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development

	3f. systemic and environmental factors that affect human development, functioning, and behavior
<b>Chapter 11 – The Adolescent Years: Physical and Cognitive Development</b>	
Adolescent Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Physical Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Changes Resulting from Puberty	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Hormonal Changes	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Adolescent Health	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Body Image and Eating Disorders	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Cognitive Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Brain Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Piaget’s Formal Operational Stage	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior

Hypothetical-Deductive Reasoning	3a. theories of individual and family development across the lifespan
Information Processing	3a. theories of individual and family development across the lifespan
Moral Reasoning	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
The School Experience	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Academic Achievement	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
The Dropout Problem	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Adolescent Egocentrism	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Summary	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
<b>Chapter 12 – The Adolescent Years: Emotional, Identity, and Social Development</b>	
Emotional and Identity Development	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Emotional Development	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Adolescent Anxiety	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior

Adolescent Depression	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Suicide	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Identity Development	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Erikson's Theory of Development	3a. theories of individual and family development across the lifespan
Marcia's Identity Theory	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Gender Considerations	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Ethnic Considerations	3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan
The Transition to Adulthood	3a. theories of individual and family development across the lifespan
Social Development	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
The Family	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Seltzer's Adolescent Identity	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior

Peer Relationships	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Adolescent Sexuality	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Career Development	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Vocational Choices	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Transitions after High School	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Summary	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
<b>Chapter 13 – Young Adulthood: Physical and Cognitive Development</b>	
Introduction to Young Adulthood	3a. theories of individual and family development across the lifespan
Physical Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Physical Functioning and Performance	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Physical Health in Young Adulthood	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Lifestyle Factors Influencing the Physical Health of Young Adults	3a. theories of individual and family development across the lifespan
Tobacco Use	3a. theories of individual and family development across the lifespan 3d. theories and etiology of addictions and addictive behaviors

	3f. systemic and environmental factors that affect human development, functioning, and behavior
Alcohol and Illicit Drug Use	3a. theories of individual and family development across the lifespan 3d. theories and etiology of addictions and addictive behaviors 3f. systemic and environmental factors that affect human development, functioning, and behavior
Diet, Exercise, and Obesity	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Sleep	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Sexually Risky Behaviors	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Cognitive Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Brain Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Adult Cognition: Moving beyond Adolescent Formal Operations	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Intelligence	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Changes in Fluid and Crystallized Intelligence	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Moral and Ethical Development	3a. theories of individual and family development across the lifespan

	3f. systemic and environmental factors that affect human development, functioning, and behavior
Summary	3a. theories of individual and family development across the lifespan
<b>Chapter 14 – Young Adulthood: Social, Emotional, and Career Development</b>	
Social/Emotional Development	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Developmental Tasks of Early Adulthood	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Personality Development in Early Adulthood	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Mental Health in Young Adulthood	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Establishing Intimate Relationships	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Attraction, Attachment, and Mate Selection	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Young Adult Lifestyles	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Parenthood	3a. theories of individual and family development across the lifespan



	3f. systemic and environmental factors that affect human development, functioning, and behavior
Divorce and Remarriage	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Career Development	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Selecting a Career	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Vocational Preparation in Young Adulthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Transitioning to the Workforce: Finding Job Satisfaction and Establishing a Vocational Identity	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Career Development for Women and Ethnic Minorities	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior 3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan
Balancing Work and Family during Young Adulthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior 3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan
Summary	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior 3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan
<b>Chapter 15 – Middle Adulthood: Physical and Cognitive Development</b>	
An Overview of Middle Adulthood in Contemporary America	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior

Physical Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Growing, Maintaining, and Managing Losses in Health and Fitness	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
External Aging	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Senses	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Reproductive System	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Sexuality	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Other Organ Systems	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Health Concerns	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Risk Factors to Health	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Minorities and Health	3a. theories of individual and family development across the lifespan

	<p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p> <p>3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan</p>
Successful Aging	<p>3a. theories of individual and family development across the lifespan</p> <p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p>
Cognitive Development	<p>3a. theories of individual and family development across the lifespan</p> <p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p>
Individual Variations	<p>3a. theories of individual and family development across the lifespan</p> <p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p>
Male and Female Variations	<p>3a. theories of individual and family development across the lifespan</p> <p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p> <p>3i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan</p>
Information Processing	<p>3a. theories of individual and family development across the lifespan</p> <p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p>
Midlife and Mental Illness	<p>3a. theories of individual and family development across the lifespan</p> <p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p>
Summary	<p>3a. theories of individual and family development across the lifespan</p> <p>3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior</p>
<b>Chapter 16 – Middle Adulthood: Social/Emotional, Family, Career, and Spiritual Development</b>	
Social/Emotional Development	<p>3a. theories of individual and family development across the lifespan</p>

	3f. systemic and environmental factors that affect human development, functioning, and behavior
Midlife Transition Issues	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Theories of Psychosocial Development	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Self-Concept	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Gender Identity	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Intimacy and Marriage	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Important Relationships and Friendships	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Stress	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Middle Age and Attachment	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Personality in Middle Adulthood	3a. theories of individual and family development across the lifespan 3c. theories of normal and abnormal personality development 3f. systemic and environmental factors that affect human development, functioning, and behavior
Family Development Issues	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Role Expectations and Family Developmental Issues	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior

Family Adjustment to Crises	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior 3g. effects of crisis, disasters, and trauma on diverse individuals across the lifespan
Grandparenthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Empty Nest and Boomerang Generation	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Divorce	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Children and Divorce	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Remarriage	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Coping with Role Expectations and Family Developmental Issues	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Career Development in Middle Adulthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Job Satisfaction/Dissatisfaction	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Changing Careers at Midlife and Unemployment	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Adult Learners, Returning Students	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Women in the Labor Force	3a. theories of individual and family development across the lifespan

	3f. systemic and environmental factors that affect human development, functioning, and behavior
Leisure Activities	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Planning for Retirement	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Spirituality in Middle Adulthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Intersectionality	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Summary	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
<b>Chapter 17 – Later Adulthood and Old Age: Physical and Cognitive Development</b>	
Physical Development	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Living Longer, Living Healthier	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
The Times, They Are A-Changin’	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Physical Changes in Later Adulthood	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Social Aspects of Physical Aging in Society	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior

Social Structures, Status, and Roles	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Social Theories of Aging	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Intersectionality	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Successful Aging	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Cognitive Development	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Intellectual Variations	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Memory Change	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Language Processing	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Problem Solving	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Wisdom	3a. theories of individual and family development across the lifespan
Cognitive Interventions	3a. theories of individual and family development across the lifespan 3h. a general framework for understanding differing abilities and strategies for differentiated interventions
Lifelong Learning	3a. theories of individual and family development across the lifespan

Factors Related to Cognitive Change	3a. theories of individual and family development across the lifespan 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
Dying, Death, and Bereavement	3a. theories of individual and family development across the lifespan
Dying: Not Always Easy to Define	3a. theories of individual and family development across the lifespan
Decisions, Decisions, Decisions!	3a. theories of individual and family development across the lifespan
Suicide and Older Adults	3a. theories of individual and family development across the lifespan
Hospice and Palliative Care	3a. theories of individual and family development across the lifespan
Grief, Bereavement, and Mourning	3a. theories of individual and family development across the lifespan
Some Final Thoughts on Dying, Death, and Bereavement	3a. theories of individual and family development across the lifespan
Summary	3a. theories of individual and family development across the lifespan
<b>Chapter 18 – Relationships and Psychosocial Aspects of Later Adulthood</b>	
Relationships in Later Adulthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
The Changing Nature of Social Support Networks and Relationships as People Age	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Psychosocial Aspects of Late Adulthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Psychosocial Theories of Development in Later Adulthood	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Work and Retirement	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Retirement Trends	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Adjusting to Retirement	3a. theories of individual and family development across the lifespan



	3f. systemic and environmental factors that affect human development, functioning, and behavior
Leisure and Volunteer Activities	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Socioemotional Development in Later Life	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Socioemotional Theories Related to Aging	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Stability and Change of Personality	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Adversity, Resilience, and Aging	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Spirituality, Religion, and Aging	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior
Summary	3a. theories of individual and family development across the lifespan 3f. systemic and environmental factors that affect human development, functioning, and behavior

## Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined below.

- **Assignments and/or Examinations**

The following assignments are designed to guide you in accomplishing the course objectives. Late assignments, if not arranged otherwise with me, will be penalized 10% for each day not submitted. You may submit assignments via e-mail before class if you are unable to attend class on the due date. All papers must be type written in APA (6th ed.) format. Papers that are not in APA format and/or are over the page limit will be penalized and result in a grade reduction. The page limit does not include title page, abstract or references.

1. **Participation/Attendance:** Due to the amount of material covered, attendance is indispensable. You are expected to contribute during in-class discussions by expressing your thoughts and feelings regarding chapter readings, exercises, and other presented material. It is

highly recommended for you to initiate discussions as well as thought provoking questions to the rest of the class. This can be accomplished by sharing personal and professional experiences with the group or bringing in current articles highlighting course related issues. You are expected to attend each class on time and remain for the duration of class. I must be informed of any absences prior to class. You are responsible for acquiring handouts and/or notes from missed classes.

2. **Self-Reflection Short Paper:** The purpose of this assignment is to demonstrate the ability to apply the knowledge gained from the major theories of human development and the changes that occur over the course of development to one's personal experiences. For this assignment, you are expected to reflect on your own life history and discuss significant people and/or key event(s) that influenced your development (physical, emotional, cognitive, and social) from childhood through the present. Apply at least 2 of the developmental theories to explain and interpret your development. This short paper should cover any cultural, environmental, or personal factors that might have influenced your course of development. Please use APA style, include cover page and references (abstract is NOT required for this short paper). The body of your paper must be at least 3 and no more than 4 pages long.

3. **Comparison Short Paper:** The purpose of this assignment is to compare and contrast developmental variations between two individuals and identify key personal and cultural characteristics that impact the developmental process. To accomplish this assignment, you will initiate contact and conduct brief interviews with two adults of the same age who possess a different cultural background from one another. After compiling the answers to your interview questions (see sample below), you are expected to discuss your observations; compare and contrast differences and similarities by identifying factors that influenced their developmental outcomes; and provide counseling implications in a 3-4-page short paper (page count refers to text only). Please use APA style, include title page, abstract, and references. Sample questions:

- a. What personal characteristics (i.e. personality, physical features, family structure, etc.) impacted your emotional, cognitive, physical, and social development?
- b. What aspects of your culture (values, traditions, religion, race, gender, environment, SES, etc.) impacted your emotional, cognitive, physical, and social development?
- c. What other factors would you say influenced the process of your development?

You are free to add to these questions as well as elaborate the details of each question to the interviewees if as the purpose of this assignment is met in your short paper. You are encouraged to incorporate theoretical concepts as well as reference your findings with empirical research.

4. **Group Presentation:** The purpose of this assignment is to demonstrate the ability to research developmental topics and present counseling considerations to the class in an effective and interactive manner. Groups will be assigned first day of class. You are expected to select a topic relevant to cross-cultural issues in human growth and development that is of particular interest to your group (topics must be approved by me two weeks prior to the presentation date). Topics should be controversial in nature, allowing the audience to reflect on their own personal and professional values. Presentations should be 30-minutes long including 5 minutes for questions/comments. (One point will be deducted for every minute a presentation exceeds the time allotted, so students must rehearse their presentations prior to class). The presentation should be creative, informative, and encourage class participation.

Presentations should be structured to include an introduction, a brief summary of the literature review organized by the 4 domains of development, cultural variations, and counseling implications. The information provided must go beyond basic knowledge or even textbook material. Handouts and visual aids should be utilized. Students must cite at least 10 recent (2008 or later) references from empirical research. References from the internet must receive approval from the instructor prior to inclusion in the presentation. Students should include the list of references in the presentation and list them using APA style. \*\*\*One member of each group is expected to email me the breakdown of effort per group member prior to the presentation and courtesy copy the rest of the group members.

5. **Exam:** This exam will be in class. The format will be multiple choice questions and a case study. I will provide you with a list of potential exam items prior to the exam.

6. **Final Research Paper:** You are required to write a paper that reviews current research (majority within the past 10 years; at least 10 total references from peer reviewed journals) related to a topic that impacts human growth and development. You will be asked to select a topic of interest and include findings as well as critique of the research and its findings. The influence of culture and environment on the topic area must also be discussed. Your paper should be structured to include an introduction, literature review section that focuses on how this topic influences the 4 domains of development, cultural considerations, and counseling implications. The text of your paper must be at least 8 and no more than 10 pages long. If needed, I will provide you with a list of possible research topics to guide your topic selection process. This paper should be written in APA style (cover page, abstract, and references included).

For additional clarification about course requirements and assignments, please see me.

- **Other Requirements**

NA

- **Grading**

- **Participation/Attendance (20 points)**

- It is the policy of the Counseling and Development Department that if a student has more than one unexcused absence, he/she will not receive a passing grade for the course.
- Excused absences include major illness, family emergencies, etc. as well as professional activities that are deemed worthwhile by the instructor (i.e., professional conference presentations) and should be accompanied by a note verifying the situation. Finally, tardiness for class or leaving early can also count towards someone's absence and/or participation grade.
- Class participation and attendance will be graded every class session.

- **Short Papers (10 points each)**

- Excellent (8-10pts): Communication is clear, logical, easy to understand, and organized. Information covers all topics listed under assignment requirements. Main points are highlighted relevant to topic. Student is able to meet size requirements, incorporate theoretical foundations, and include professional references. Paper includes depth, reflection, and excellent articulation of topic. Sentences are complete, grammatical, and flow together easily.
- Good (5-7pts): Organization and clarity of communication is generally good. Few minor

points are confusing and seem out of place. Content is generally appropriate. Partially covers expected information. Student is unable to summarize parts of paper to fit size limitations. Communication generally includes depth and some clear sense of topic reflection and evaluation. Sentences are sometimes incomplete with grammatical errors and do not flow together smoothly.

- Poor/failing (4 below): Papers need improvement and are not acceptable from a graduate level student. Major content of material is missing and does not meet the description of an excellent or a good assignment.

### **Group Presentation (15 points)**

- Excellent (12-15pts): Both written and oral communication is clear, logical, easy to understand, and organized. Level of presentation is targeted for the audience. Student clearly displays comfort level and knowledge of presented material and maintains a good pace. Information covers all topics listed under assignment requirements. Details during oral presentation are minimized so that main points are highlighted. Student is able to meet time and size requirements. Sentences are clear, complete, grammatical, and flow together easily. Extensive (at least 10 references) literature is researched and presented. Current relevant issues are discussed. Appropriate handouts are given highlighting key concepts. Listeners gain considerable insights. Case examples and class exercises are presented; class is engaged throughout the entire class presentation. Time is not exceeded and allotted for questions and comments. Concepts and Theories are consistent, referenced, and accurate.
- Good (7-11pts): Organization and clarity of both written and oral communication are generally good. Few minor points are confusing and seem out of place. Level of presentation is generally appropriate. Pacing is too fast or too slow at times. Appears uncomfortable at times. Partially covers expected information. Student is unable to summarize parts of paper or presentation to fit time and size limitations. Sentences are sometimes unclear, incomplete, with grammatical errors, and do not flow together smoothly. Only few literatures is researched and presented. Handouts do not cover major concepts. Little or no mention of current issues related to presented topic. Listeners gain few insights. Discussions and questions are not feasible at the end of presentation. Concepts and theories are somewhat inconsistent, and/or they are not referenced.
- Poor/failing (6 below): Handouts and presentation need improvement and are not acceptable from a graduate level student. Major content of material is missing and does not meet the description of an excellent or a good assignment.

### **Exam (20 points)**

#### **Research Paper (25 Points)**

- Excellent (21-25pts): Student can illustrate an excellent understanding and knowledge of written subject. Literature review is relevant, and references are from reliable sources. Assignment requirements are clearly addressed. Main points are highlighted relevant to topic. Student is able to meet size requirements and incorporate theoretical foundations. Paper includes depth, professional level writing, and excellent presentation of topic.
- Good (14-20pts): Student incorporates few references to support research topic. Organization and clarity of paper is generally good. Few minor points are confusing and seem out of place. Content is generally appropriate. Partially covers expected information. Student illustrates partial understanding and knowledge of selected topic. Student did not comply with size limitations. Paper generally includes depth but fails to demonstrate professional level of research writing.

- Poor/failing (14 below): Papers need improvement and are not acceptable from a graduate level student. Major content of material is missing and does not meet the description of an excellent or a good assignment.

**Grading Scale:**

(A = 97 – 100) (A- = 94 – 96) (B+ = 91-93) (B = 87-90) (B- = 84-86) (C = 80-83) (F = Below 79)

**Professional Dispositions**

Students are expected to exhibit professional behaviors and dispositions at all times. See

<https://cehd.gmu.edu/students/polices-procedures/>

**Class Schedule**

<b>Date</b>	<b>Discussion Content</b>	<b>Assignments/Readings</b>
5 Jun 18	Introductions, expectations, and group assignments  Important Fundamental Principles in Lifespan Development	Chapter 1
7 Jun 18	Theories of Human Development: Psychosocial, Sociocultural, Multicultural, Biological, and Learning Theories	Chapter 2
12 Jun 18	Theories of Human Development: Cognitions, Morality and Faith, and the Human Experience	Chapter 3
14 Jun 18	Genetics, Heredity, and Prenatal Development; Physical and Cognitive Development in the Infancy and Toddlerhood Years	Chapters 4, 5 <b>Self-Reflection Paper Due</b>
19 Jun 18	Emotional and Social Development in the Infancy and Toddlerhood Years; The Preschool Years: Early Childhood Physical and Cognitive Development	Chapters 6, 7 <b>Groups 1 Presentation</b>
21 Jun 18	The Preschool Years: Early Childhood Emotional and Social Development; Middle Childhood: Physical and Cognitive Development	Chapters 8, 9 <b>Groups 2 Presentation</b>
26 Jun 18	The Elementary Years of Middle Childhood: Emotional and Social Development	Chapter 10 <b>Groups 3 Presentation</b>

28 Jun 18	The Adolescent Years: Physical and Cognitive Development	Chapter 11 <b>Groups 4 Presentation Comparison Paper Due</b>
3 Jul 18	The Adolescent Years: Emotional, Identity, and Social Development; Young Adulthood: Physical and Cognitive Development	Chapters 12, 13 <b>Groups 5 Presentation</b>
5 Jul 18	Young Adulthood: Social, Emotional, and Career Development; Middle Adulthood: Physical and Cognitive Development	Chapters 14, 15 <b>Groups 6 Presentation</b>
10 Jul 18	Middle Adulthood: Social/Emotional, Family, Career, and Spiritual Development	Chapter 16 <b>Groups 7 Presentation</b>
12 Jul 18	Later Adulthood and Old Age: Physical, Cognitive, and Social Developmental Aspects of Aging	Chapter 17 <b>Groups 8 Presentation</b>
17 Jul 18	Guest Speaker	Exam Review
19 Jul 18	Exam	<b>In class</b>
24 Jul 18	Final Paper	<b>Research paper Due via EMAIL</b>

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

### **Core Values Commitment**

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

### **GMU Policies and Resources for Students**

#### *Policies*

- Students must adhere to the guidelines of the Mason Honor Code (see <http://catalog.gmu.edu/policies/honor-code-system/>).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.

- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ods.gmu.edu/>).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

### *Campus Resources*

- Support for submission of assignments to Tk20 should be directed to [tk20help@gmu.edu](mailto:tk20help@gmu.edu) or <https://cehd.gmu.edu/aero/tk20>. Questions or concerns regarding use of Blackboard should be directed to <http://coursesupport.gmu.edu/>.
- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

**For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/students>.**