

**George Mason University**  
**College of Education and Human Development**  
Physical Activity for Lifetime Wellness

RECR 144 (001) – Soccer: Intermediate (1)  
1 Credit, Spring 2019  
M/W 9:00-10:45 am/Field 3 (West Campus)-Fairfax Campus

**Faculty**

Name: Mr. Craig Scott  
Office hours: As Needed  
Office location: N/A  
Office phone: 703.851.0544  
Email address: cscottp@gmu.edu

**Prerequisites/Corequisites**

RECR 143 or Permission of Instructor.

**University Catalog Course Description**

Prepares the experienced soccer player in the aspects of the competitive game. Applies skills-training to competitive and recreational play. Covers strategies of offense and defense and variation of different systems of play.

**Course Overview**

Students will describe and show successful use of the various soccer techniques as well as understanding of different positions on the soccer field and the application of different strategies. An initial evaluation of basic soccer technique/skills will be given the first day of class to determine the level of play of the students.

Participation is extremely important to the completion of in-class activity. All students will be expected to attend all class sessions, actively participate on the field and in class discussions and complete any written assignments.

**Course Delivery Method**

This course is an activity-based class.

**Learner Outcomes or Objectives**

This course is designed to enable students to do the following:

- a. Explain one defense strategy.

- b. Explain one offensive strategy.
- c. Recognize and explain the strategies of the different positions of a soccer team on the playing field.
- d. Recognize and define systems of play of any given team.

**Professional Standards N/A**

Upon completion of this course, students will have met the following professional standards:

**Required Texts**

None. Handouts will be posted on Blackboard as needed,

**Course Performance Evaluation**

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, Tk20, hard copy).

- **Assignments and Examinations**
  - Skills assessment and understanding of playing systems - This will be done while students play on the field.
  - Project - Each student will be given a topic to present to the entire class.
  - Written exam - The exam will focus on offensive and defensive strategies, position of players in specific strategies, and pros and cons of the different system of plays. (Short answer questions).

- **Other Requirements**

10 points will be given each day with a deduction of 1 point for each five- minutes that a student is late. Students must attend the entire class period and participate in the daily activities to receive full credit for the class. The first day of class will not count in the evaluation. The total possible points can be 130 to 140. Your attendance/participation score will be the number of points you gained each day divided by the total points possible and then multiplied by 60%. If you attend, are on time, and participate each day on the activities, you will receive the full 10 points for that day. Unexcused absences and late arrivals could significantly affect the grade.

- **Course Performance Evaluation Weighting**

Attendance/Participation – 60%  
 Skills Assessment and Understanding of Playing Systems – 20%  
 Project – 5%  
 Written Exam – 15%

- **Grading Policies**

A	= 94– 100	B+	= 88– 89	C+	= 78 – 79	D	= 60– 69
A-	= 90– 93	B	= 84– 87	C	= 74 – 77	F	= 0– 59
		B-	= 80– 83	C-	= 70 – 73		

## Professional Dispositions

See <https://cehd.gmu.edu/students/policies-procedures/>

## Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

## GMU Policies and Resources for Students

### *Policies*

- Students must adhere to the guidelines of the Mason Honor Code (see <https://catalog.gmu.edu/policies/honor-code-system/> ).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ods.gmu.edu/>).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

### *Campus Resources*

Support for submission of assignments to Tk20 should be directed to [tk20help@gmu.edu](mailto:tk20help@gmu.edu) or <https://cehd.gmu.edu/aero/tk20>. Questions or concerns regarding use of Blackboard should be directed to <http://coursesupport.gmu.edu/>.

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic

performance (see <http://caps.gmu.edu/>).

- The George Mason University Office of Student Support staff helps students negotiate life situations by connecting them with appropriate campus and off-campus resources. Students in need of these services may contact the office by phone (703-993-5376). Concerned students, faculty and staff may also make a referral to express concern for the safety or well-being of a Mason student or the community by going to <http://studentsupport.gmu.edu/>, and the OSS staff will follow up with the student.

**For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/>.**

### **Class Schedule**

DAY	TOPIC
1	Introduction, syllabus, and student/player evaluation.
2	Passing and receiving techniques. Introduction of field positioning.
3	Introduction to defensive techniques.
4	Defensive positioning/shape and types of defensive strategies.
5	Maintain possession of the ball.
6	Building up the game from the defense.
7	Playing the ball to the flank and use of outside midfielders/defenders.
8	Offensive positioning/shape and types of offensive systems.
9	Finishing/shooting and offensive runs.
10	Full field game applying different playing systems. Topic designation for students' presentations.
11	Students' Presentations
12	Students' Presentations
13	Written Final Exam
14	Course Review

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

### **Assessment Rubric(s)**