Prevention, Intervention, & Consultation Practicum

George Mason University College of Education and Human Development School Psychology

Course

Title: Prevention, Intervention, & Consultation Practicum

Course Number: SPSY 775

Location: Online, synchronous **Time:** Fridays, noon – 2:40

Faculty

Name: Ellen Rowe

Office: West 2007 (I can also meet at Democracy Lane and virtually)

Office Hours: Thursday, 3:45-4:45
Email Address: erowe@gmu.edu

Prerequisites/Corequisites: SPSY 773

University Catalog Course Description

Course Overview

The three-credit-hour practicum provides the student with the opportunity to begin to practice and develop their skills in consultation, prevention, and intervention in a school setting. Thus, the focus of the practicum is consultation as well as the implementation of school-based prevention and/or intervention services. This practicum affords the student experiential *in vivo* training under the direct supervision of an experienced and skilled psychologist in the schools. Knowledge and skills essential to the practice of school psychology (presented didactically in SPSY 619, SPSY 773, EDCD 603, and EDRD 629) are put into practice in a school setting. The course focuses on delivery of evidence-based direct prevention and intervention as well as consultative psychological services to individuals and groups within the school community. Additionally, the semester begins with a focus on professional development for school psychologists.

Course Delivery Method: seminar format

Learner Objectives

The goal of this course is for the student to acquire additional knowledge of professional development for school psychologists, as well as to evolve and advance new skills and practice in consultation, prevention, and intervention in the context of a school environment.

Students will attain the goals of this course by demonstrating competence in the following objectives:

- Develop professional resume for positions in school psychology
- Consultation with parent or educational professional addressing instructional or behavioral concerns

• Conduct a behavioral/cognitive intervention with individual, small group of students or school in a Tier 1, 2, or Tier 3 format

Some of the Optional Resources (all books are available from the instructor)

Coping Cat; Check-in, Check-out behavioral conference; CBT Toolbox for Depressed, Anxious & Suicidal Children and Adolescents; Daily Behavior Report Cards; DBT Skills in Schools; Depression Screening; Kimochi Dolls; Learning to BREATHE; Hunter and His Amazing Remote Control; Restorative Justice; Strong Kids; Superflex; Smart but Scattered (Executive Functioning Strategies by Peg Dawson); Smart but Scattered Teens; Zones of Regulation; Sources of Strength; Unstuck and On Target

Text

Theodore, L. A. (2017). *Handbook of evidenced-based interventions for children and adolescents*. New York: Springer.

Course Performance and Evaluation

The student is strongly encouraged to spend 3 to 6 hours per week through the semester in a school. The minimum requirement for the placement is four hours per week planning and/or implementing a consultation and an ongoing prevention or intervention activity for a total of 60 hours throughout the semester.

The student is responsible for fulfilling any administrative requirements that the guest school district might impose, e.g., background check, TB screening, etc., and for observing regulations imposed by the district.

The student is responsible for submitting a weekly log that summarizes activities at the end of the semester. A log check will be made mid-way through the semester.

The University instructor will conduct an on-site observation and interview with the practicum student and supervising psychologist during the semester.

The school-based supervising psychologist is asked to provide a final, formal evaluation of the student's progress at the end of the year.

The final course grade is based on aggregation of scores for the following measures of performance:

•	Creation of a resume, tailored to the skills/experience	20%
	of a school psychologist	
•	Presentation on an evidence-based treatment chapter	30%
	from text	
•	Class logs demonstrating participation in the	20%
	activities outlined at the bottom of page 1 in this	
	syllabus	
•	End of the semester reflection paper on your	30%
	consultation as well as your intervention (be it	
	academic or behavioral). Rubric for paper will be	
	provided	
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GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see https://catalog.gmu.edu/policies/honor-code-system/).
- Students must follow the university policy for Responsible Use of Computing (see http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see http://ods.gmu.edu/).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or https://cehd.gmu.edu/aero/tk20. Questions or concerns regarding use of Blackboard should be directed to http://coursessupport.gmu.edu/.
- For information on student support resources on campus, see https://ctfe.gmu.edu/teaching/student-support-resources-on-campus

For additional information on the College of Education and Human Development, please visit our website https://cehd.gmu.edu/students/.

Schedule of Classes

You will receive an email regarding any changes to this schedule

	Presentation Topics & Events					
Date	Presenter	Class topic	Activity/Presentation			
8/26	Instructor	Hand out practicum guidelines; discuss students' practicum preferences (which school system); review practicum expectations (how many hours; anticipated training and experiences).	Talk about different local school systems and roles for school psychologists in each.			
9/2		Review and Discussion of School Psychology Resume Tips Evidence-based Interventions for School Violence and Homework Compliance in Children and Adolescents Discuss practicum placements	Discussion from Handbook of EBI for Children and Adolescents, Chapters 4 and 10			
9/9		Evidence-based Interventions for Anger and Aggression and Bullying in Children and Adolescents Update on practicum requirements/progress	Discussion from Handbook of EBI for Children and Adolescents, Chapter 12 & Chapter 13			
9/16		Evidence-based Interventions for Specific Phobias in Children and Adolescents Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 22			
9/23		No Class VASP Conference, Richmond, VA				
9/30		Evidence-based Interventions for Children and Adolescents with Emotional and Behavioral Disorders Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 17 Bring copy of class logs for review (may be electronic)			

10/7	Evidence-based Interventions for Working with Culturally Diverse Children and Families Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 11
10/14	Evidence-based Interventions for Oppositional Defiant Disorder in Children and Adolescents Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 15 Midterm: Due
10/21	Evidence-based Interventions for Attention Deficit Hyperactivity Disordder in Children and Adolescents Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 14
10/28	Evidence-based Interventions for School Refusal and Selective Mutism in Children and Adolescents Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 23 & Chapter 20
11/4	Evidence-based Interventions for Suicidal Behavior in Children and Adolescents Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 5
11/11	Evidence-based Interventions for Major Depressive Disorder in Children and Adolescents Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 24
11/18	Evidence-based Interventions for Social Anxiety Disorder in Children and Adolescents Discuss practica	Discussion from Handbook of EBI for Children and Adolescents, Chapter 19

11/26	No class Happy Thanksgiving!	
12/2	Wrap-up, Discuss practica	Final class logs due for review (may be electronic)
12/9	Final Exam period	Reflection paper due